



RAMJAS COLLEGE
University of Delhi
(under the aegis of IQAC)



DR. BHIM RAO AMBEDKAR COLLEGE
University of Delhi



Invites to participate in Research

Health Benefits of Millets in Routine Diet:

A study on Assessing the Awareness and Consumption of Millets among Youth

Date: 29.12.2023

Time: 01:00PM

Venue: Seminar Hall, Ramjas College

- Students from all courses are invited to participate
- Study involves no harm to research participants
- Participants will be benefited with an awareness session on Millets and demonstration on Millets cooking



Patron:

Prof. R.N. Dubey
Principal, BRAC

Prof. Hardeep Kaur
Acting Principal, Ramjas College

Prof. Hament Kumar Rajour
IQAC Coordinator, Ramjas College

Mr. Pawan Kumar
Nodal Officer (Millets 2023), Ramjas College

Dr. Rosy Kumari
Coordinator (Millets 2023), Ramjas College

Implemented by:

Dr. Bhim Rao Ambedkar College
University of Delhi



Sponsored by:

**Indian Council of Social
Science Research**
Ministry of Education

In Collaboration:

- Aditi Mahavidyalaya College, University of Delhi
- Department of Social Work, University of Delhi
- Department of Chemistry, University of Delhi